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8TH NATIONAL CONFERENCE



At the Crossroads:
Healthcare Delivery
& Medical Education

Phoenix, Arizona
February 15-17, 2019



Syrian American Medical Society



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SYRIAN AMERICAN MEDICAL SOCIETY 5TH ANNUAL SYMPOSIUM

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M. Chadi Alraies, MD MPH

Conference Chairs

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Talia Alexander

Courtney Mallory

CONFERENCE AND GALA LOCATION



Pointe Hilton Squaw Peak Resort

7677 North 16th Street

Phoenix, Arizona, 85020

SCHEDULE AT A GLANCE

FRIDAY FEBRUARY 15

3:00 p.m.–5:00 p.m.: Chapter President Meeting (*Adobe*)

4:00 p.m.–9:00 p.m.: Registration (*Anasazi Lobby*)

6:00 p.m.–6:30 p.m.: Reception (*Kachina/Kiva*)

6:30 p.m.–9:00 p.m.: Opening Remarks & Town Hall Meeting (*Pueblo/Sonora*)

SATURDAY FEBRUARY 16

8:00 a.m.–10:00 a.m.: Breakfast (*Mohave/Adobe/Arroyo*)

8:30 a.m.–12:00 p.m.: Scientific Session (*Kachina/Kiva/Pueblo/Sonora*)

12:00 p.m.– 1:00 p.m.: Lunch (*Mohave/Adobe/Arroyo*)

12:00 p.m.– 1:00 p.m.: Student Lunch & Learn (*Pima*)

1:00 p.m.–3:30 p.m.: Scientific Session (*Kachina/Kiva/Pueblo/Sonora*)

3:45 p.m.–5:15 p.m.: SAMS General Assembly (*Kachina/Kiva/Pueblo/Sonora*)
Members Only

6:00 p.m.–6:30 p.m.: Reception (*Terrace Courtyard*)

6:30 p.m.–10:00 p.m.: Gala Dinner (*Hohokam Ballroom*)

6:30 p.m.–10:00 p.m.: Children Dinner/Program (*Adobe*)

SUNDAY FEBRUARY 17

8:00 a.m.–10:00 a.m.: Breakfast (*Mohave/Adobe/Arroyo*)

9:00 a.m.–12:00 p.m.: Scientific Session (*Kachina/Kiva/Pueblo/Sonora*)

9:00 a.m.–12:00 p.m.: Student Application Workshop (*Pima*)

Prayer Room — *Gila*

SATURDAY FEBRUARY 16

8:00 a.m.–
10:00 a.m.

REGISTRATION AND BREAKFAST

SESSION 1: CRISIS RESPONSE

Zaki Lababidi, MD & Bassel Atassi, MD

- 8:30–9:00** Change the World, **Ruth G. Sanchez, Executive Director, Project C.U.R.E., AZ**
- 9:00–9:30** Health Data Collection & Analysis in Humanitarian Crisis Response, **Senan Ebrahim, CEO, Hikma Health**
- 9:30–10:00** The Global Refugee Health Crisis: Visual Impairment & How I Can Become More Involved both Globally & Locally, **Soroosh Behshad, MD & Natalie Weil, MD**
- 10:00–10:15** Q&A and Panel Discussion

10:15–10:30 Coffee Break

SESSION 2: MENTAL HEALTH

Moderators: Hend Azhary, MD & Ammar Traboulsi, MD

- 10:30–11:00** Addressing Burnout, Compassion Fatigue, & Mental Health Among SAMS Members, **Jessica Ann Hatfield, BA, BS, MPH Candidate**
- 11:00–11:30** The Invisible Wounds of Refugees—The Dangers of Neglecting Trauma, **Tara Kangarlou, Journalist. Founder & President, ART OF HOPE**
- 11:30–12:00** Mental Health and Psycho-social Support for Refugees, **Michael OBrien, MS, Director of Global Health, Relief International**
- 12:00–1:00** Lunch & Learn (CME): Career Pathways in Medicine
Open Lunch (Non-CME): Unity Production Foundation (UPF)

SATURDAY (CONT.)

SAMS 2019 UPDATE

- 1:00–1:30** Overview of Refugee Medical Care & Crisis Response: SAMS Foundation Update

SESSION 3: UPDATES IN MEDICINE

Moderators: Aref Al-Kali, MD & Abdulrahman Zanabli, MD

- 1:30–2:00** Leisure, Oxygen, & Beyond, **Abdulrazak Alchakaki, MD**
- 2:00–2:30** Breakthroughs in Cardiovascular Medicine, **Nabil Dib, MD MSc FACC FESC**
- 2:30–3:00** Head Ultrasound: The Why, When, & How, **Ihsan Mamoun, MD MBA**
- 3:00–3:30** Social Media & Medicine, **M. Chadi Alraies, MD MPH**

SUNDAY FEBRUARY 17

**8:00 a.m.–
10:00 a.m.**

BREAKFAST

SESSION 4: OPIOID CRISIS

Chadi Alraies, MD & Kamal Fakiani, DDS

- 9:00–12:00** America's Controlled Substance Epidemic: The Duty to Inform, Monitor, & Document as Proven Solutions for Better Treatment Systems, Reduction in Misuse/Abuse, and Reducing Civil and Criminal Liabilities, **Jodi Debbrecht Switalski, BA JD**

SESSION 5: PARALLEL SESSION

- 9:00–12:00** Onward and Upward: Developing the Next Generation of Humanitarian Leadership—SAMS Student Workshop

CME STATEMENTS

COURSE OBJECTIVES

- Better comprehension of current and future changes in healthcare reform in the US.
- Clinicians will have better awareness of the extent these epidemics are impacting medical practice and their roles as providers.
- Clinicians will have a better awareness of new breakthroughs and procedures being implemented in diagnostic medicine.

ACCREDITATION STATEMENT



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Indiana University School of Medicine and the Syrian American Medical Society (SAMS). The Indiana University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION STATEMENT

Indiana University School of Medicine designates this live activity for a maximum of 9.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE STATEMENT AND SUMMARY

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by the Indiana University School of Medicine must demonstrate balance, independence, objectivity, and scientific rigor.

There are no relevant financial relationships with ACCME-defined commercial interests for anyone who was in control of the content of this activity.

The course evaluation will be sent electronically via email. Credit will be awarded within 30 days following the activity. Instructions will be emailed with how to obtain proof of your participation in an IUSM CME activity. For questions and concerns, please contact IU School of Medicine, Division of Continuing Medical Education at cme@iu.edu.



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SOME OF OUR SPEAKERS

Abdulrazak Alchakaki, MD

Dr. Alchakaki is a pulmonary and critical care specialist. He completed internal medicine at Wayne State University and practiced internal medicine for three years before returning to Wayne State University to specialize in pulmonary critical care. He completed his clinician educator track and moved on to practice at the Beaumont Healthcare System as a private physician.

M. Chadi Alraies, MD MPH

Dr. Alraies received his medical degree from University of Aleppo School of Medicine, and his internal medicine residency at St. Vincent Medical Center/Case Western Reserve University. He completed a cardiology fellowship at University of Minnesota where he also received his Master of Public Health from University of Minnesota School of Public Health. He completed interventional cardiology fellowship at Wayne State University/Detroit Medical Center. Dr. Alraies' clinical and research interest is focused on complex coronary interventions, mechanical circulatory support, and large bore vascular access. Similarly, he has interest in digital and social media for learning and education.

Soroosh Behshad, MD, MPH

Soroosh Behshad, MD, MPH is an Ophthalmologist and Professor at Emory University. He has worked with hospitals and ministries of health to develop national eye care plans in developing countries. His research includes improving access to healthcare and developing projects to address health disparities for under-served populations, both locally and abroad.

Nabil Dib, MD MSc FACC FESC

Dr. Dib is an Interventional Cardiologist, innovator and educator trained at Harvard Medical School and Beth Israel-Deaconess Medical Center in Boston. He obtained a Master of Science Degree in Epidemiology from Harvard School of Public Health with emphasis on clinical trial design and cost effectiveness. He has over 20 years of experience in clinical interventional cardiology and product development. Dr. Dib invented and patented a drug and biologic delivery catheter that was FDA cleared and CE Marked in less than three years. He has been awarded five patents for medical devices and led the development of device and biological products that led to first-in-man approval studies. He founded the International Society for Cardiovascular Translational Research (ISCTR).

As an adjunct to ISCTR, in 2008, he founded the Journal of Cardiovascular Translational Research (JCTR) that is published by Springer/Nature and distributed worldwide. He has published two books, *Cardiovascular Translational Research* and *Stem Cell Therapy for Cardiovascular Disease* in addition to over 75 other publications.

Senan Ebrahim, CEO, Hikma Health

Senan Ebrahim is the founder and CEO of Hikma Health. He is dedicated to building robust data systems using cutting-edge technology to improve health outcomes for Syrian refugees. He is also an MD-PhD student in the Harvard-MIT Health Sciences and Technology program, where he uses applied machine learning approaches for seizure prediction in epilepsy. Senan is passionate about sharing the data revolution in medicine with those who can benefit from it most. He has taught biostatistics and programming courses at Harvard Medical School. He has previously worked to build products for global health, including at nference, CrowdMed and Daktari Diagnostics. He spent a year living in the Peruvian Andes, conducting an ethnography of traditional healers. Senan enjoys playing intramural water polo, eating Brazilian food, and listening to deep house mixes; he aspires to eventually do all three at the same time.

Jessica Ann Hatfield, BA, BS, MPH Candidate, St. Catherine University

Jessica Hatfield is a second year Master of Public Health student at St. Catherine University and a Research Assistant at the University of Minnesota School of Public Health. During her 12-year tenure in the healthcare and public health field, she holds a diverse profile of both experience and leadership roles. She is passionate and dedicated to improving health outcomes globally through an evidence-based public health approach. Her involvement with SAMS began in August of last year where she joined a new initiative to address burnout and compassion fatigue among SAMS volunteers.

Tara Kangarlou, Journalist, Founder & President, ART OF HOPE

Tara Kangarlou is an award-winning journalist who has reported and produced from the US and around the world. Over the years she has written, reported, and produced for CNN, CNN International, NBC Los Angeles, Al Jazeera America, Huffington Post and Al Monitor. Ms. Kangarlou has spent much time in conflict zones and in the Syrian border regions of Lebanon, Jordan, Turkey, and is an expert on the Middle East and humanitarian issues worldwide. Shaken by witnessing the atrocities and trauma of war and displacement, in 2016, she founded Art of Hope the only American non-profit 501(c)3 that solely focuses

on helping Syrian refugees cope with trauma, PTSD, and psychological wounds of war in the Middle East. Ms. Kangarlou is currently working on her upcoming book on Iran and is a Visiting Scholar at the East West Institute. She is a frequent on-air contributor to national and international channels and is currently living between New York and London.

Ihsan Mamoun, MD MBA

Dr. Mamoun has been a member of SAMS since 2010 and was active in many committees and educational courses. He presented in SAMS national and international meetings as well as other societies and medical meetings. He's a pediatric and neuroradiologist, trained and practiced in Cleveland Clinic, and recently joined a new practice in Tampa, Florida.

Michael OBrien, MS, Director of Global Health, Relief International

Mike joined Relief International in May 2016 as to direct Relief International's global health and nutrition portfolio. A public health specialist, Mike has overseen the delivery of targeted health programs in fragile settings affected by conflict and disaster as well as development projects in countries such as South Sudan, Haiti, Somalia, and Pakistan. He specializes in designing public health programs to transition from immediate relief to communities' longer-term recovery. Before joining RI, Mike held positions with several leading international nonprofits including World Vision, the American Refugee Committee, and Medical Teams International, where he led the organization's Ebola response in Liberia. Mike holds a Masters of Science in Community and Public Health from Austin Peay State University.

Ruth G. Sanchez, Executive Director, Project C.U.R.E. AZ

Ruth G. Sanchez has extensive 20+ years in corporate and business development, fundraising events, major gifts, diversity, team training, Six Sigma green belt, and non-profit business management. Prior to joining as Executive Director with Project C.U.R.E, Ruth held several leadership positions with American Express for 16 years. In following her passion to serve children with special needs, she joined the development leadership team supporting chapters in AZ, Northern California and Nevada successfully raising over \$8M for individuals with intellectual disabilities. Ruth brings a high level of excellence, leadership, experience and passion to Project C.U.R.E. and is focused in supporting their mission in identifying, soliciting, collecting, sorting and distributing medical supplies and services according to the imperative needs of the world.

Jodi Debbrecht Switalski, BA JD

Former Judge Jodi Switalski served as a Metro Detroit felony prosecutor with a perfect trial record before being appointed by the Governor of Michigan to the bench and operated 3 treatment courts including one of the largest veteran's treatment courts in the country. Currently, in addition to practicing law, Jodi consults with medical and dental groups, hospital associations and more on their controlled substance agreements and protocols, liabilities and risk mitigation strategies. She has successfully created treatment systems, templates and protocols when using controlled substances for some of the largest hospital organizations in the country. She speaks and consults for 100's of events annually on diverse topics. Jodi is a frequent guest on TV and has appeared in and consulted on several documentaries. She has numerous publications including, "Where My JD Meets Your MD" and "Your Name is on the Bottle."

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